

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.2	12.5	18	65	32	28	36	35	0.15	2.1	0.98	Normal
Gender	1.2	0.4	1	2	1	1	1	1	0.05	0.2	0.99	Normal
Education	12.5	2.1	9	16	12	11	13	12	0.12	1.8	0.97	Normal
Income	1500	500	500	3000	1200	800	1800	1000	0.25	3.5	0.95	Normal
Marital Status	1.5	0.5	1	2	1	1	1	1	0.08	0.3	0.99	Normal
Occupation	2.5	1.2	1	4	2	1	3	2	0.18	2.5	0.96	Normal
Health Status	1.8	0.6	1	2	1	1	1	1	0.03	0.1	0.99	Normal
Stress Level	3.2	1.5	1	5	3	2	4	3	0.22	3.8	0.94	Normal
Life Satisfaction	4.5	1.2	3	6	4	4	5	4	0.10	2.0	0.98	Normal
Resilience	2.8	1.0	1	4	3	2	3	3	0.14	2.3	0.97	Normal
Optimism	3.8	1.1	2	5	4	3	4	4	0.09	1.9	0.98	Normal
Emotional Stability	2.5	0.8	1	4	2	2	3	2	0.07	0.4	0.99	Normal
Self-Esteem	3.5	1.0	2	5	3	3	4	3	0.11	2.2	0.97	Normal
Life Purpose	4.2	1.3	3	6	4	4	5	4	0.06	1.7	0.98	Normal
Gratitude	3.0	1.0	2	4	3	3	3	3	0.04	0.5	0.99	Normal
Forgiveness	2.2	0.9	1	4	2	2	3	2	0.06	0.6	0.99	Normal
Empathy	3.3	1.1	2	5	3	3	4	3	0.08	1.5	0.98	Normal
Resilience	2.8	1.0	1	4	3	2	3	3	0.14	2.3	0.97	Normal
Optimism	3.8	1.1	2	5	4	3	4	4	0.09	1.9	0.98	Normal
Emotional Stability	2.5	0.8	1	4	2	2	3	2	0.07	0.4	0.99	Normal
Self-Esteem	3.5	1.0	2	5	3	3	4	3	0.11	2.2	0.97	Normal
Life Purpose	4.2	1.3	3	6	4	4	5	4	0.06	1.7	0.98	Normal
Gratitude	3.0	1.0	2	4	3	3	3	3	0.04	0.5	0.99	Normal
Forgiveness	2.2	0.9	1	4	2	2	3	2	0.06	0.6	0.99	Normal
Empathy	3.3	1.1	2	5	3	3	4	3	0.08	1.5	0.98	Normal

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.2	12.5	18	65	32	28	36	35	0.15	2.1	0.98	Normal
Gender	1.2	0.4	1	2	1	1	1	1	0.05	0.2	0.99	Normal
Education	12.5	2.1	9	16	12	11	13	12	0.12	1.8	0.97	Normal
Income	2500	1500	500	6000	2000	1500	2500	2000	0.18	2.5	0.96	Normal
Marital Status	1.5	0.5	1	2	1	1	1	1	0.02	0.1	0.99	Normal
Occupation	2.5	1.2	1	4	2	1	3	2	0.10	1.5	0.98	Normal
Health Status	1.8	0.6	1	2	1	1	1	1	0.01	0.05	0.99	Normal
Stress Level	3.2	1.5	1	5	3	2	4	3	0.14	2.0	0.97	Normal
Life Satisfaction	4.5	1.0	3	5	4	4	4	4	0.03	0.15	0.99	Normal
Work-Life Balance	3.8	1.2	2	5	3	3	4	3	0.11	1.9	0.98	Normal
Family Support	4.2	0.8	3	5	4	4	4	4	0.02	0.12	0.99	Normal
Community Involvement	2.8	1.1	1	4	2	2	3	2	0.09	1.6	0.98	Normal
Personal Growth	3.5	1.3	2	5	3	3	4	3	0.13	2.0	0.97	Normal
Overall Well-being	4.0	0.9	3	5	4	4	4	4	0.01	0.08	0.99	Normal

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.2	12.5	18	65	32	28	36	35	0.15	2.1	0.98	Normal
Gender	1.2	0.4	1	2	1	1	1	1	0.05	0.2	0.99	Normal
Education	12.5	2.1	9	16	12	11	13	12	0.12	1.8	0.97	Normal
Income	2500	1500	500	6000	2000	1500	2500	2000	0.18	2.5	0.96	Normal
Marital Status	1.5	0.5	1	2	1	1	1	1	0.02	0.1	0.99	Normal
Occupation	2.5	1.2	1	4	2	1	3	2	0.10	1.5	0.98	Normal
Health Status	1.8	0.6	1	2	1	1	1	1	0.01	0.05	0.99	Normal
Stress Level	3.2	1.5	1	5	3	2	4	3	0.14	2.0	0.97	Normal
Life Satisfaction	4.5	1.0	3	5	4	4	4	4	0.03	0.15	0.99	Normal
Work-Life Balance	3.8	1.2	2	5	3	3	4	3	0.11	1.9	0.98	Normal
Family Support	4.2	0.8	3	5	4	4	4	4	0.02	0.12	0.99	Normal
Community Involvement	2.8	1.1	1	4	2	2	3	2	0.09	1.6	0.98	Normal
Personal Growth	3.5	1.3	2	5	3	3	4	3	0.13	2.0	0.97	Normal
Overall Well-being	4.0	0.9	3	5	4	4	4	4	0.01	0.08	0.99	Normal